

REFLECTION

Three issues of concern in our wider community these days are obesity, damage to the environment (global warming) and domestic violence. These are three areas of human behaviour that are damaging not only the lives of those directly affected, but to one degree or another they have an impact on us all. Underpinning these damaging behaviours is the tendency, if not the already ingrained habit, of living our lives based on doing what we like and avoiding what we dislike. Over time these tendencies/habits can result in obesity, damage to the environment and domestic violence. Doing what we like and avoiding what we dislike can seem innocent enough in an isolated occasion, but when it becomes an ingrained habit, almost second nature, then the accumulating impact builds up over time. Eating what we like and avoiding what we dislike is not the same as eating what is good for us and avoiding what is not good for us. One of the effects of Original Sin is that our inclinations are not easily kept in order. No problem, for example, if what we like to eat coincides with what is good for us, such as fruit and vegetables (except that we can even over-indulge in what is good for us in reasonable portions), but for most of us this is not always the case. God designed us to live in particular ways (the ten Commandments are a longstanding but limited expression of God's plan for human living) that sustain and promote our health, our environment and our communities, especially the family. There is plenty of good advice available to help us to live healthily. One area of poverty that can escape our attention is the poverty of health education. It is generally not so much a First World problem but a serious Third World one. Caring for our environment and for our limited and depleted resources requires lots of people all cooperating and working together. This is an ongoing challenge for our whole human family. Doing what we like and avoiding what we dislike can easily be to the damage of our environment. Our universe belongs to God and is entrusted to our care for our use and benefit. It's not there just for us to do what we like with and no accountability on our part. When it comes to the issue of living together harmoniously, especially in our families as well as in the wider community, doing what we like and avoiding what we dislike has to be tempered by impulse control and self-control, so that our attitudes and behaviour can be harnessed for our own good and the good of others, to foster peace, harmony and justice rather than letting senseless, mindless violence have its way.

Doug Smith msc

Recently Deceased: Dola Mulligan, Melinda Bisits, Andrew Gillies, Kathleen Maher, Sr. Elizabeth Maher, RSM

Anniversaries and Remembrance: Michael John Gay, Ibarra Cruz, Anthony Chong, Len Jarman, William Crothers, David Tan, Rick Naylor, Frank Corry, Raymond Leon, Alejandro and Marina Ortiz, Pat and Vince Lane, Murray Tate, Brenda Carroll, Joan Ellen Marskell.

Special Intentions: Two special intentions



The Parish and National Shrine of
Our Lady of the Sacred Heart, Randwick

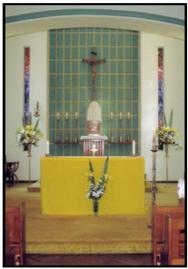
St. Margaret Mary's Parish
Randwick North

Conducted by Missionaries of the Sacred Heart

Tel: 9399 6775

Fax: 9398 7251

欢迎您加入圣母圣心堂大家庭!



SUNDAY, 21st January, 2018

Third Sunday in Ordinary Time-Year B

1st Reading: Jonah 3:1-5, 10

2nd Reading: Corinthians 7:29-31

Gospel: Mark 1:14-20

Entrance Antiphon: O sing a new song to the Lord; sing to the Lord, all the earth, in his presence are majesty and splendour, strength and honour in his holy place.

Responsorial Psalm: Teach me your ways, O Lord

Gospel Acclamation: Alleluia, alleluia! The kingdom of God is near: believe the Good News! Alleluia

Communion Antiphon: Look toward the Lord and be radiant; let your faces not be abashed.

Parish Office

Monday- Friday 9am-5pm (Closed 1pm-2pm)

Parish Staff

Trish Myers (Reception)

parishoffice@sacredheart.org.au

Anita Micallef (Accounts (9am-2:30pm))

anitamicallef@sacredheart.org.au

Fr. Peter Hearn msc

Parish Priest

Fr. Doug Smith msc

pdsmsc@hotmail.com

Fr Tim Brennan msc

Professional Standards Office

Fr. Tru Nguyen msc

truducnguyen@gmail.com

Brigidine House Chaplain

Fr Patrick Sharpe msc

MASS TIMES

Our Lady of the Sacred Heart

Sat: 12noon, Vigil 6pm

Sun: 8am, 10am, 12noon, 6pm,

Mon-Sat 12noon,

Thurs & Fri 5.40pm.

Novena 11.30 -12.00noon Thursday

Reconciliation: Sat 11am (1hr) /5pm (1hr)

Anointing Mass: 2nd Friday 12noon/5.40pm.

St. Margaret Mary's

Sat: 5.30pm.

Reconciliation- Sat: 5.15- 5.25pm.

Baptisms at Our Lady of the Sacred Heart

1.15pm 2nd, 3rd & 4th **Sundays (Contact Office)**

POWH Chapel

3pm (1st & 3rd & 5th **Sundays**) **Wed:** 12 noon

Hospital Chaplaincy- 9382 2222 then page Catholic Chaplain on duty.

After hours emergency number:

0452 431 815